

# Consultant Dietitians in Health Care Facilities

a dietetic practice group of the  
 American Dietetic  
Association

## Consultant Dietitians in Health Care Facilities DPG #31 Annual Business Meeting

October 28, 2008  
Chicago, Illinois

***Mission:*** CD-HCF is committed to leading the future of dietetics by strengthening members with food, nutrition, and management skills that promote quality of life for the people we serve.

***Vision:*** CD-HCF members are a credible source of food and nutrition services across the continuum of care.

### AGENDA

1. Call to Order
2. Overview of FNCE, 2007
3. Treasurer's Report
4. Award/Scholarship Recipients
5. Recognition of Past Board Members of CD-HCF
6. Recognition of 50 Year Members of CD-HCF
7. Report to Membership
8. Adjournment
9. CPE Program: Energizing The Elderly - The Importance of Nitrogen Balance

# Thank You to the Following Sponsors For their Support of CD-HCF

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### **Energizing The Elderly - The Importance of Nitrogen Balance** **William J. Evans, PhD, FACSM, FACN**

Sarcopenia has been described as the age-associated loss of skeletal muscle. This loss of muscle results from a number of factors associated with advancing age including decreased levels of physical activity, anabolic hormone production, and an increase in the need for dietary protein. This presentation will discuss the effects of physical activity and the use of dietary protein supplements on nitrogen balance and body composition. LNC: 4180, 3100

**William J. Evans, Ph.D.** is the director of the Nutrition, Metabolism, and Exercise Laboratory in the Donald Reynolds Department of Geriatric at the University of Arkansas for Medical Sciences and a research scientist in the Geriatric Research, Education and Clinical Center (GRECC) at the Central Arkansas Veterans Healthcare System. He is a Professor of Geriatrics, Physiology, and Nutrition. From 1993 to 1997 he was the director of the Noll Physiological Research Center at the Pennsylvania State University and from 1982 to 1993 he served as the Chief of the Human Physiology Laboratory at the U.S.D.A. Human Nutrition Research Center on Aging at Tufts University. He is a Fellow of the American College of Sports Medicine, The American College of Nutrition, and an honorary member of the American Dietetic Association.

He is the author or co-author of more than 160 publications in scientific journals. Along with Irwin Rosenberg, M.D., he is the author of Biomarkers: The Ten Determinants of Aging You Can Control (Simon & Schuster) and has recently authored AstroFit (Simon & Schuster, 2002) His laboratory examines the relationship between exercise, nutrition and aging. His landmark studies have demonstrated the ability of older men and women to improve strength, fitness, and health through exercise, even into the 10th decade of life. He receives grant support from a variety of sources including the National Institutes of Health, the Veterans Administration, and NASA. He has served as an expert advisor to NASA in a number of committees, including the Science Working Group responsible for the design of the Human Research Facility aboard the International Space Station and The Life Sciences Advisory Subcommittee. He also served at the head of the Nutrition and Exercise research group for the National Space Biomedical Institute. His work has been featured on Good Morning America, CBS Morning News, 20/20, and the PBS series The Infinite Voyage.

Dr. Evans has been an associate editor for Medicine and Science in Sport and Exercise and Journal of Gerontology and is a member of the editorial board of the Journal of Clinical Endocrinology and Metabolism. He serves as a reviewer for more than 10 journals and has been a reviewer of grants for the American Federation for Aging Research, National Institutes of Health, the National Aeronautics and Space Administration, and the Veterans Administration.

## Report to the Membership

As we look to the future, we see CD-HCF moving forward to continue to meet the ever-changing needs of our members, the profession and those we serve. The last two years we established the goal of making evidence-based research and practice our gold standard of operation. This year we are focusing on using technology to keep our membership on the cutting edge of practice. Our member services are listed below and are well worth the cost of membership!

### MEMBER SERVICES

**The Consultant Dietitian:** The quarterly publication of the DPG with free CPE opportunities available for members in every issue. Starting this Fall, the CPE quiz and certificate will all be available online. Not only will this make it easier for our members, it will be a cost savings for all with the reduction in printed materials, postage, etc.

**UPDATE!** Mini newsletters published up to 4 times per year, which focus on current hot topics of interest to our members.

Past issues of the **Consultant Dietitian** and **UPDATE!** are posted on the CD-HCF Web site [www.cdhcf.org](http://www.cdhcf.org).

### FNCE Activities:

Pre-FNCE Conference: *The Changing Face of Long Term Care* Included a distinguished line-up of dietitians from around the country sharing the successes and failures of transitioning the work place from a nursing facility to nurturing home, working with the local surveyors to ensure regulatory compliance, and peering into a future that uses reimbursable indirect calorimetry as part of the assessment process.

CD-HCF Sponsored Educational Session on Sunday *Nutritional Impact in Anemia Management of the Elderly*, Presented by David Thomas, MD, FACP, AGSF, GSAF, CMD, and Kathleen Niedert, MBA, RD, CSG, LD, FADA

Displayed and sold products at the Exhibit Floor Booth and Product Market Place.

Hosted the Corrections, Home Care and California Subunit Networking Meeting s

Hosted the Annual Member Reception

Participated in the DPG Showcase

Hosted the Member Breakfast & Annual Business Meeting

### Alliances and Networking Groups:

Represented ADA on Advisory Committees with:

- Professional & Technical Committee for Joint Commission
- National Commission on Correctional Health Care
- National Pressure Ulcer Advisory Panel

Maintained networking relationships with:

- American Association of Diabetic Educators - Home Health Specialty
- American College of Health Care Administrators
- Association of Correctional Food Service Affiliates
- American Health Care Association
- American Medical Directors Association
- Dietary Managers Association
- National Association of Home Care
- National Citizens Coalition for Nursing Home Reform

Continued professional associations with:

- American Association of Homes and Services for the Aging

Exploring new relationships with the Pioneer Network and the Long Term Care Quality Alliance. Linda Roberts, MS, RD, LDN, CD-HCF Chair was invited to and attended meetings with both groups in August.

Presented our first Webinar in August 2008, *What You Must Know about F325 and F371*. GREAT response from membership and still available in an archived version. We have plans to continue with this technology.

Represented at the ACFSA Conference.

Continued attendance by area coordinators at state meetings and seminars. Exhibited CD-HCF publications at state affiliate meetings, seminars and alliance meetings.

Representatives attended ADA's Leadership Institute and Public Policy Workshop (PPW).

Revised and updated Orientation materials for new Executive Committee Members and oriented the new EC via webinar.

### Web site:

The Web site redesign was launched in the Spring and the response has been amazing! Coming this fall will be CPE quizzes and reporting online; the ability to sign up for conferences, webinars, etc. online; online publications; Member Market Place.

### Scholarships, Awards and Nominations:

Awarded "Distinguished Member" status to a member in each of the seven (7) areas. Awarded Circle Award, Abbott Leadership Award, Up and Coming Member Award, Chair's Scholarship and several scholarships and stipends.

Nominated CD-HCF members for 2008 ADA Awards and ADA Ballot. Developing the ballot for 2009-2010 CD-HCF elections.

**Reminder:** CD-HCF has a variety of scholarships for members. We need you to APPLY!

*Gaynold Jensen Educational Stipend* – Awards stipends for educational programs.

*Best Practice Award* – Submit your best practice to the Awards Committee for review. If selected, your submission will be published in **The Consultant Dietitian**.

Details at [www.cdhcf.org](http://www.cdhcf.org); WATCH for future opportunities.

The CD-HCF Executive Committee would like to thank the attendees for their support during all PreFNCE & FNCE events. If you have any comments, ideas or concerns, we would like to hear from you.

Thank you for your past loyalty and future support.

*You* are the most important part of CD-HCF. Without our members there would be no CD-HCF.

**CONSULTANT DIETITIANS IN HEALTH CARE FACILITIES  
BALANCE SHEET  
FOR THE YEAR ENDING MAY 31, 2008**

<b>Assets</b>	
Investments	\$0
Accounts Receivable	\$3,042
Advances	\$0
Interorganization Balances	\$420,326
<b>Total Current Assets</b>	<b>\$423,368</b>
<b>Fixed Assets</b>	
Furniture and Fixtures	\$949
Computer Equipment	\$0
Leasehold Improvements	\$0
<b>Total Fixed Assets</b>	<b>\$949</b>
Less Accumulated Depreciation	\$0
<b>Net Fixed Assets</b>	<b>\$949</b>
<b>Total Assets</b>	<b>\$424,317</b>
<b>Liabilities</b>	
Accrued Liabilities	\$0
<b>Total Accrued Liabilities</b>	<b>\$0</b>
Membership Dues	\$114,221
Registration Fees	\$0
Other	\$0
<b>Total Deferred Revenue</b>	<b>\$114,221</b>
<b>Total Liabilities</b>	<b>\$114,221</b>
<b>Net Assets</b>	<b>\$310,096</b>
<b>Total Net Assets</b>	<b>\$310,096</b>
<b>Total Liabilities &amp; Net Assets</b>	<b>\$424,317</b>

**2008 Student Incentive Challenge**

CD-HCF has again participated in the FNCE Student Incentive Challenge, which provides a \$100 stipend to students to offset expenses for FNCE in Chicago. CD-HCF has provided stipends for five students.

**CD-HCF**  
**Consultant Dietitians in Health Care Facilities**  
**Annual Business Meeting**

October 2, 2007  
Philadelphia, PA

The meeting was called to order at 6:45 am by Suzanne Cryst, RD, CSG, LD, CD-HCF Chair. Suzanne gave an overview of FNCE 2006.

The Treasurer's Report was presented. There was a **MOTION** to accept the CD-HCF treasurer's report for fiscal year ending May 31, 2007, made by Marilyn Ferguson-Wolf, second by Gretchen Robinson. Motion carried.

**Award/Scholarship Recipients:** US Foodservice awarded 3 scholarship winners for FNCE 2007. Lynn Moore, RD, LD, Scholarship Committee Chair presented the 2007 CD-HCF award recipients.

**Congratulations 2007 Award and Scholarship Recipients!**

**CD-HCF AWARDS**

**Distinguished members**

Area I Marilyn Ferguson-Wolf, MA, RD, CSG, CD	Area IV Pamela Brummit, MA, RD, LD
Area II Pamela E. Webster RD, LD	Area V Marolyn Steffen, RD, CD
Area III Lynn Schumacher, MPH, RD, LDN	Area VI Brenda Meredith, RD
	Area VII Dottie La Grua, MS, RD, CD

**Up and Coming Member**

Kathryn Ray, RD, LD

**Ross Leadership**

Bonnie H. Gunckel, RD, CD

**Circle Award**

Marla Carlson

**HORIZON SCHOLARSHIP AND CD-HCF BOARD SCHOLARSHIP**

**Board Scholarship** - Adrienne M. Labadie — Intern, Oklahoma State University, Stillwater

**Horizon Scholarship**

Karin F. Adler — Intern, Sodexo Health Care Services Distance Education, New Boston, NH

Emily B. Young — Intern, Oklahoma State University, Stillwater

**ADA Excellence in Practice Awards**

**Consultation & Business Practice  
Management Practice**

Becky Dorner, RD, LD  
Linda R. Hofmeister, MM, RD, LD, FADA, CHE

**ADA AWARDS**

**ADA Medallion Awards**

Ronni Chernoff, PhD, RD, CSG, FADA  
Marilyn Laskowski-Sachnoff, MA, RD

**2008 Lenna Frances Cooper Lecture**

Sylvia Escott-Stump MA, RD, LDN

**Recognitions:** Recognition of Past Board Members of CD-HCF and Recognition of 50 Year Members of CD-HCF.

**Report to Membership:** Attendees were asked to note the report distributed to all meeting attendees in the Annual Report.

**Call for Candidates:** Marianne Smith-Edge, MS, RD, LD, FADA, asked that members interested in an elected position submit their name to a member of the nominating committee. Nominating Committee members were introduced.

**Adjournment:** The Business Meeting was adjourned at 7:10AM.

## 2008-2009 CD-HCF Awards

### Distinguished Members

Area 1	Pat Dahlstrom, RD - Vancouver, Washington
Area 2	Ruth Rauscher, MA, RD, CSG, LMNT - Lincoln, Nebraska
Area 3	Janet McKee, MS, RD, CSG, LD/N - Orlando, Florida
Area 4	Niki Wray, RD - Phoenix, Arizona
Area 5	Sharon Zwick-Hamilton, MS, RD, CSG, LD, CDE - Cleveland, Ohio
Area 6	Marcy Etherson, MBA, RD, LDN - LaVale, Maryland
Area 7	Helen Long, MHSc, RD, Norton, Massachusetts

### Abbott Leadership Award

Elise Smith, MS, RD, LD - Brandon, Mississippi

### Circle Award

Medical Nutrition USA, Inc.

### Up & Coming Member of the Year

Sharon Clark, MS, RD - Mount Jackson, Virginia

**Horizon Scholarship:** Patricia G. Slowik

**Board Scholarship:** Paula Ritter-Gooder

### ADA Awards

**Medallion Award** Carolyn Breeding, MS, RD, LD, FADA

## Special congratulations to the following CD-HCF members for their 50 years of membership in ADA

Clara M. Browning Baity, San Diego CA  
Lillian F. Bolton, Braintree MA  
Dalimira A. Cmiel, La Porte IN  
Rebecca M. Drake, Johns Island SC  
Annie B. Jelks, Hackensack  
Carol T. Opheim, Eden Prairie MN  
Nell B. Phillips, Baton Rouge LA  
Jane B. Pollack, Selma AL  
Nancy V. Porter, Raleigh NC  
Nancy S. Stepan, Minneapolis MN

## PAST EXECUTIVE COMMITTEE MEMBERS

CD-HCF would like to recognize the following Past Executive Committee Members and thank them for their volunteer hours. Without volunteers like these, CD-HCF would not have produced the quality programs and products that benefit all of our members.

*Judy Abernathy*  
*Beverly Abraham*  
*Paula Allen*  
*Helen Amussen*  
*Peggy Arcement*  
*Cheryl Bales*  
*Rosemary Behrens*  
*Annette Betz*  
*Pat Bollinger*  
\* *Carolyn Breeding*  
*Corine Bronson*  
*Carole Bryson*  
\* *Pam Brummit*  
\* *Sharon Burns*  
*Barbara Bye*  
*Gretchen Cararie*  
*Lynn Carpenter*  
*Cheryl Carson*  
*Eileen Chopnick*  
*Deanna Cooper*  
*Edna Cox*  
*Judy Cox*  
\* *Suzanne Cryst*  
*Pat Dahlstrom*  
\* *JoJo Dantone DeBarbieris*  
*Dani Davenport*  
*Carole Deering*  
*Anna de Jesus*  
*Betty Diegel*  
\* *Becky Dorner*  
*Bridget Doyle*  
*Liz Dunnell*  
*Debbie Eckhart*  
*Lisa Eckstein*  
*Trudy Elkins*  
*Carol Elliott*  
*Martha Erickson*  
*Barbara Erlandson*  
*Shirley Farr*  
*Marilyn Ferguson-Wolf*  
*G. Ann Fitton*  
*Donna Foster*  
*Christine Fournier*  
*LaVonne Fritz-Lutz*

\* *Ann Gallagher*  
\* *Clara Gerwick*  
*Rosanna Gibbons*  
*Natalie Giglio*  
*Jayne Gilbert*  
*Katherine Girsberger*  
*Nancy Guppy*  
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*Iva Mary Hopkins*  
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*Elsa Jahnce*  
*Gaynold Jensen*  
\* *Betty Johnson*  
*Pat Kelly*  
*Gloria King*  
*Jan Kochis*  
\* *Lillian Larson*  
*Gay Lazare*  
\* *Betty Leif*  
*Lynne Lindahl*  
*Del Lloyd*  
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*Lorraine Matthews*  
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\* *Phyllis Nichols*  
\* *Kathleen Niedert*  
*Greta O'Brien*  
*Eileen Petix*

*Cynthia Piland*  
\* *Kathleen Pintell*  
*Cathy Pontius*  
\* *Mary Ellen Posthauer*  
*Jo Ann Puls*  
*Ruth Rauscher*  
*Brenda E. Richardson*  
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*Linda Roberts*  
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*Patricia Rusch*  
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*Barbara Schmied*  
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\* *Georgianna Walker*  
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*Joyce Windham*  
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